

# BREAK THE CYCLE EVENING CYCLE

JOIN US EVERY THIRD THURSDAY AT 5:30PM  
IN FRONT OF WORK HORSE BICYCLES  
LOCATED AT 486 WASHINGTON STREET  
IN DOWNTOWN MONTEREY FOR A CASUAL  
RIDE TO LOVER'S POINT & BACK.  
\$10 SUGGESTED DONATION



HARMONY AT HOME

*Ending violence. Building families.*

FOR MORE INFORMATION GO TO  
[WWW.HARMONY-AT-HOME.ORG](http://WWW.HARMONY-AT-HOME.ORG), CALL  
831.625.5160, OR RSVP ON OUR  
FACEBOOK PAGE: @HARMONYATHOME.ORG



HARMONY AT HOME  
IS A LOCAL NON-PROFIT  
WORKING IN OVER 40  
MONTEREY COUNTY SCHOOLS  
WITH THE MISSION TO  
**END CYCLES**  
OF VIOLENCE & BULLYING

Join us on the **THIRD THURSDAY** of every month for a casual bicycle ride to Lover's Point and back! We will meet at [Workhorse Bicycles](#) located at 486 Washington Street in downtown Monterey at 5:30pm and depart around 5:45pm. We suggest a \$10 donation that you can pay with cash, credit, or check upon arrival. Your donation will go towards Harmony At Home's mission to end cycles of violence, abuse, and bullying in Monterey County! Harmony At Home currently serves over 40 schools across the county with counseling and bullying prevention services. If a bike rental is needed, please let us know on your RSVP on our Facebook page. Work Horse Bicycles is offering a special rate.

**RSVP** on our Facebook Page: [@harmonyathome.org](#)

[www.harmony-at-home.org](http://www.harmony-at-home.org)

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